

## GOLDEN GATES GALLOP 2025

Elvaston Castle Country Park - Derby - DE72 3EP



2025 Event Guide

### THANK YOU TO OUR SPONSORS

# OXYGEN





























Sponsorship packages are now on sale for our 2026 event - our special 40<sup>th</sup> birthday celebration. So if you'd like your business to get involved and support a local community fundraising event send us an email: goldengatesgallopsinfo@gmail.com

### ABOUT THE GOO

The Golden Gates Gallop is an iconic running event that has been a staple of the Derby running calendar since 1986, when 16-year-old Thulston resident Marie Hartshorne first combined her love of running with a mission to raise money for charity.

Fast forward 39 years and the event is stronger than ever!

The 5-mile, two-lap race starts promptly at 10am at the famous Napoleon "Golden" Gates, before winding around the beautiful perimeter path of Elvaston Castle. Runners tackle the iconic "Gallop" section before finishing at the race village, based at Elvaston Cricket Club.

Five minutes later, the 2-mile family fun run begins, offering participants a single lap of the castle's perimeter path and finishing at the Cricket Club too.

Over the years, the event has raised tens of thousands of pounds for Blood Cancer UK — and continues to do so today.

The post-race village is at the heart of the day, providing a brilliant family atmosphere with refreshments, fundraising raffles, and market stalls from local businesses.



### HEADLINE INFO

### WHEN...

- Sunday 28th September 2025
- Race village open for baggage drop off and
- number collection from 8:30am
- 5-mile race starts at 10am prompt
- · 2-mile fun run starts at 10:05am
- Trophy presentation & raffle draw 11:30am
- Post-race village open until midday.

#### WHERE...

- Please head to Elvaston Cricket Club, Derby, DE72 3EP (WhatThreeWords: ///sigh.imposes.deranged)
- Here you will find the event village featuring bag drop, refreshments, market stalls and toilets.
- Pay and display parking available at Elvaston Castle main car park, and then follow the yellow arrows to the race village.

#### ROUTE...

 The GGG is a 5-mile (8km) race running clockwise around the grounds of Elvaston Castle Country Park including the iconic "out and back" on the Gallop. The 2-mile fun run simply runs just one lap of the perimeter path before finishing at the cricket club.

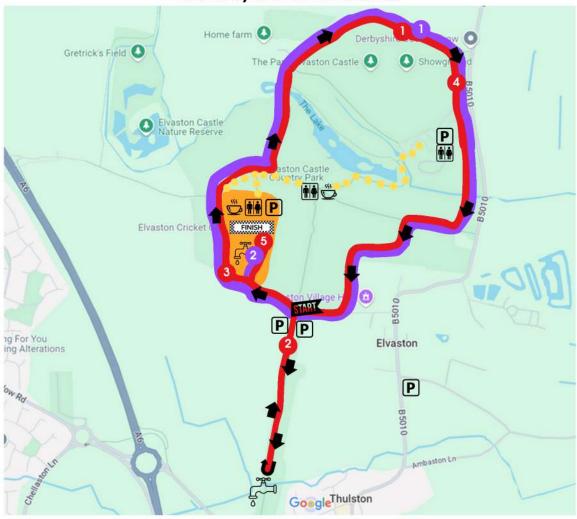
### CHARITY...

 Our aim is to raise as much money as possible for Blood Cancer UK, 100% of the profits from the Golden Gates Gallop (post event costs) are donated to this well deserving charity which is very close to our hearts.



### USEFUL MAP

Head to the Golden Gates Gallop website for a Strava flyover of the course.



. ))

Race Village (baggage, late entries and number collection)



Walking route from car park to race village (approx 1km)



Water station



Start line



Finish line



Car parking



Running route for 5-mile race with mile markers



Running route for 2-mile fun run with mile markers



**Toilets** 



Refreshments

### RACE VILLAGE

Join us at the GGG race village at Elvaston Cricket Club both before and after your run for light refreshments, breakfast cobs and market stalls for all runners and spectators.

Here you can collect your number for the race, drop your bag off and get warmed up. Late entries will be accepted on the day and credit card payment facilities will be available.

After the race there will be a fund raising raffle, free sports massages from DB massage and market stalls from local businesses.

At 11:30am we will present the prizes to the top-3 male and female runners, and will draw the winners of the charity raffle!

Everything should be all wrapped up by 12noon latest for you to head to our friends at The Harrington Arms in Thulston for a well-deserved pint or Sunday Roast.





### FRIZES & GOODY BAGS

All participating runners in both the 2-mile family fun run and the 5-mile race will receive a Medal, a HUUB running snood plus a reusable bag from Toby Mansfield, filled with goodies which have been donated from local businesses.

### Top 3 Male Prizes for 5-mile race:

Winner – Trophy plus £50 Derby Runner voucher 2nd place – £30 Derby Runner voucher 3rd place – £20 Derby Runner voucher

### Top 3 Female Prizes for 5-mile race:

Winner – Trophy plus £50 Derby Runner voucher 2nd place – £30 Derby Runner voucher 3rd place – £20 Derby Runner voucher

2-mile Family fun run
Winner - Trophy for fastest U16



### THE 2025 HEDAL

This year, we decided to move away from generic, off-the-shelf medals and create a finishers' medal that was truly unique for everyone taking part.

We also wanted a medal that was sustainable and designed by someone from the local community.

So, we reached out to five local primary schools and invited them to take part in an online competition to design this year's medal.

After much deliberation by the judges, the winner was chosen: Hugo Roberts, aged 7, from Shardlow Primary School. Hugo's winning design has been brought to life, and as part of his prize he received a framed version of his medal (number 001 off the press), a family pass for four people to Oxygen Trampoline Park, and four free entries to the Golden Gates Gallop.



### ELOOD CANCER UK

The Golden Gates Gallop is proud to be a not-for-profit running event, with all proceeds (after event costs and fees) donated to Blood Cancer UK – registered charity number 216032 (England and Wales) and SCO37529 (Scotland).

Over 40,000 people are diagnosed with a blood cancer each year in the UK, and over 250,000 people are currently living with blood cancer. There are different types of blood cancer, including leukaemia, lymphoma, myeloma, myelodysplastic syndromes (MDS) and myeloproliferative neoplasms which affect both adults and children.

All runners who have raised £50 for BCUK in the run up to the Golden Gates Gallop, will get a technical running t-shirt for FREE!

https://bloodcancer.org.uk/





Complimentary water is provided by our friends at National Forest Water.

There will be a water station at the half-way point (Gallop turn) on the 5-mile route and at the end of the course for both 2-mile and 5 mile runners.

Please help us look after the beauty of the Country park by disposing of your drinking cup in a responsible way.





### ZORROWASH JOLLY JOGGERS

The GGG is delighted to be the official club race in the calendar of the award-winning local running group, the Borrowash Jolly Joggers (part of Jog Derbyshire)

They are a fun, friendly and free local running group with UKA/MHFA trained leaders. From beginner to expert, join them for a relaxed run or look out for our next couch to 5k programme!

They meet every Monday night at 6:45pm (for 7pm start) at the clock in Borrowash Co-op car park.

For more information visit: www.facebook.com/JogderbyshireBorrowash/ or email: jollyjoggers@outlook.com









#### Q. CAN I PAY ON THE DAY TO TAKE PART?

Yes, we will have a card payment machine ready to take payments for any late entries to either race.

### Q. WHAT IF I GET INJURED LAST MINUTE?

You can defer your entry to 2026 or to a friend or family member for free, just let us know.

#### Q. IS THERE CAR PARKING AVAILABLE?

Please head to the main Elvaston castle car park (pay & display) and follow the yellow arrows to the race village (approx. 1km walk). There is also limited free parking available on both Oak Road and behind Elvaston cricket club. Please note: no cars will be able to leave the cricket club area until the final runner has crossed the line, so please be patient.

#### Q. CAN I RUN WITH A DISABILITY?

A. The organisers will make every effort to accommodate runners with disabilities. However, some parts of the course have an uneven surface. A runner with a disability requiring special arrangements must notify the organisers at least 48 hours before the race so that reasonable steps can be taken to ensure your safety.

#### Q. CAN I RUN WITH MY DOG?

A. Due to health & safety for runners and other park users, runners may not be accompanied by dogs on leads.

#### Q. CAN I RUN WITH A PUSHCHAIR?

A. Yes, this is fine but please be aware the course includes gravel, speed bumps, and uneven surfaces on the gallops so please take it easy and run at your own risk.

#### Q. IS THERE CHANGING FACILITIES?

A. We do have changing facilities (although limited) at Elvaston Cricket Club Pavilion on the day but we highly recommend all runners come ready to race.

### Q. IS THERE BAGGAGE STORAGE?

A. Yes, you can leave your bag at our baggage tent for FREE using your race number as a reference. Please note just one bag/item per person please.

#### Q. WILL THERE BE MEDICAL COVER?

The event will have First Aid cover managed by St. John Ambulance.

#### Q. HAS A RISK ASSESMENT BEEN CARRIED OUT?

A risk assessment of the course has been undertaken and reasonable measures taken to mitigate any risks. The organisers point out that the course is, in places, uneven and that the run is taking place along paths used by members of the public. Runners are requested to take such measures necessary to protect their own health and safety and to protect the Health and Safety of other users of the course. In the event of an incident, please contact a course marshal. Marshals are positioned at frequent intervals around the route. If a dispute arises over a result or course etc. the race referee will make determination whose decision shall be final and binding. If you are competing in the GGG, you will be classed as medically fit to run and fully understand you enter the event at you own risk and to the extent permitted by the law the organisers will not be held responsible for any injury or illness incurred during, or as a result of the event.

For any additional questions please contact us on:- GoldenGatesGallopsInfo@gmail.com



This October, the parks are calling... and it's time for the Screen Zombies to wake up! Lazy bones glued to phones? Not on our watch.

We're swapping couch time for scream time with Halloween-themed adventures that'll get hearts racing and feet moving. Forget the same old scares, this is the kind of spooky fun that shakes the cobwebs off and gets kids bouncing, laughing, and leaving those devices behind.

Let's make this October wickedly active!

OXYGEN DERBY - SOCCERDOME DERBY - DERWENT PARADE - PRIDE PARK - DERBY - DE248BW

### A GOLDEN THANK YOU

A huge thank you to all our amazing volunteers, marshals, committee members, organisers, partners, sponsors, local residents and supporters.

This event simply would not happen without every one of them!

